

Spa days

All spa days include use of the facilities, a light lunch and a soft drink. Beers, wines, spirits and champagne are available for a supplementary fee.

Spa Day £40.00
Use of Spa facilities and Lunch.

Spa Taster Day £99.00
Full use of the Spa facilities with a Full Body Massage or a 1 hour Facial of your choice. An excellent way to introduce yourself into the spa experience.

De-Stress Spa Day £170.00
Includes a Lime and Ginger Salt Scrub followed by a Full Body Massage and either a Deluxe Manicure or a Deluxe Pedicure.

Lygon Luxury Spa Day £250.00
Includes an Elemis 1 hour facial and a full body massage followed by a Jessica Manicure and a Jessica Pedicure to leave you feeling refreshed and relaxed.

Spa for Two £360.00
This spa day is the perfect sharing experience. Both of you receive a 1 hour facial followed by a full body massage and full use of the facilities throughout your day.

Special spa days

Bride-to-Be £250.00
A luxurious pamper day to take away the stresses from planning your big day! This relaxing day entails a full body massage and a luxury Elemis facial, followed by a manicure and a pedicure for the finishing touches

Mother-to-Be £130.00
A stress-buster massage, followed by a 30 minute facial and finishing off with a pedicure or a manicure

All spa days include light lunch and use of the facilities for the day.

Terms and conditions

You are welcome to visit The Spa in your bathrobes or gym clothes. Alternatively, changing facilities, towels, toiletries and hair-dryers are available. Please switch off mobile phones when entering the treatment suite.

No children under the age of 12 are permitted in the treatment suite. Hotel guests under 12 years of age are welcome to use the pool between 9.00am and 5.00pm. Children under 16 must be accompanied by an adult at all times and are not permitted to use the gymnasium, saunas, steam room, plunge pools or spa bath. All treatment times include a consultation period and changing and dressing times.

How to find us



From London take M40 to Oxford. Then A40 to Burford. Take A424 through Stow-on-the-Wold and pick up A44 to Broadway.

Helicopter Pad:
Ordnance Survey SPO3, Reference 096377

Gift vouchers available

Gift vouchers for all products, treatments and spa days are available from the Spa Reception.

Making your booking

You can book your treatments with The Spa Reception Desk, on 01386 854424 (Hotel guests please dial extension 4424). Advance booking is essential to avoid disappointment. Spa days and large bookings will be asked to pay a 50% deposit. Please allow 24 hours notice for single treatments and 72 hours notice for spa days and group bookings when cancelling or you will be charged in full for the total treatment.

Arriving to your appointment

We recommend that you arrive 10 minutes before your first appointment to complete the necessary consultation form. This allows the therapist to adjust treatments to suit clients who may be contra-indicated. We advise you shower before all body treatments. The minimum age for all treatments is 16. If you are pregnant or breast-feeding please let us know before you make your appointment.

Barceló

PREMIUM

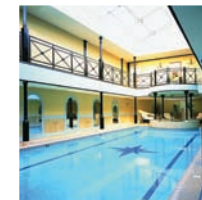


THE LygonArms



Relax | Pamper | Rejuvenate

Beauty Price List



Barceló The Lygon Arms | Broadway | Worcestershire WR12 7DU
Tel: 01386 854424 | Email: spa@thelygonarms.co.uk
www.barcelo-hotels.co.uk

Elemis advanced anti-ageing facials (1 treatment recommended every 3 weeks)	
Pro-Collagen Quartz Lift Facial (1hr 15 mins)	£95.00
Tri-enzyme Resurfacing Facial (1 hr) Peel away the years for smoother more radiant skin	£90.00
Visible Brilliance Facial (1 hr 15 mins) To combat ageing, stressed and slackened skin	£95.00
Course of 6 Elemis advanced anti-ageing facials of your choice	£499.00
Skin solution facials (1 treatment recommended every 4 weeks)	
Oxygen Skin Calm Facial (1hr 15 mins) Pure soothing heaven for sensitive skin	£95.00
SOS Purifying Facial (1hr 15 mins) A purifying treatment for congested skin	£95.00
Course of 6 skin solution facials of your choice	£499.00
Skin-specific facials (1 treatment recommended every 4 weeks)	
Fruit Active Glow (1 hr) Bring back the glow to a lifeless complexion	£85.00
Exotic Moisture Dew (1 hr) Treat your skin to a moisture boost	£85.00
Herbal Lavender Repair (1 hr) For perfect restoration of skin balance	£85.00
Course of 6 of the above skin-specific facials of your choice	£450.00
Taster Facial (30 mins) This introductory facial provides a quick and instant 'pick me up' for any occasion	£45.00

Elemis face and body therapy (1 treatment recommended every 3 weeks - course of 6)	
Cooling Hot Stone Body-Facial (1 hr)	£95.00
Elemis body therapy	
Absolute Spa Ritual (2 hrs) Combines your choice of Elemis facial with a deep tissue body massage	£150.00
Deep Tissue Back Massage (30 mins) Deep Tissue Body Massage (1 hr)	£45.00 £85.00
Body wraps	
Musclease Aroma-Spa Ocean Wrap (1 hr 15 mins) includes a gentle exfoliation, all over seaweed pack and a heated body wrap. As the wrap softens the skin and relaxes the muscles, your therapist will perform a relaxing scalp massage.	£95.00

Cellutox Aroma-Spa Ocean Wrap (1 hr 15 mins) A deeply detoxifying blend to decongest and stimulate the system. The wrap is concentrated on the hips and thighs to aid cellulite removal.	£95.00
Body Sculpting Cellulite and Colon Therapy	£95.00
Elemis mother-to-be	
Nurturing Massage (1 hr 15 mins) An adapted massage for each stage of pregnancy	£90.00

Exotic therapy	
Exotic Coconut Rub and Milk Ritual Wrap (45 mins) A nourishing and warming treatment to enliven the senses	£60.00
Exotic Frangipani Body Nourish Wrap (45 mins) For immediate softness and suppleness	£60.00
Exotic Lime and Ginger Salt Glow Scrub (30 mins) Leaving the skin invigorated, cleansed and polished to perfection	£45.00
Elemis specialised treatments for menz	
Total Time Out (2 hrs) Combines your choice of Elemis facial and deep tissue body massage	£150.00

Mens' facials	
Skin IQ Facial (1 hr 15 mins) Anti-ageing booster for tired and stressed skin	£90.00
Urban Cleanse Facial (1 hr 15 mins) Deep cleanse and complete skin detox	£90.00
Hot stone treatments	
Hot Stone Massage is a style of massage therapy in which heat – treated volcanic stones are placed at specific sites on the client's body to promote relaxation and to help open up the meridians (energy pathways). Muscles are pre-treated with the heated stones to allow the therapist to more easily perform deep tissue manipulations. The benefits of having a hot stone massage include the promotion of deep muscle and tissue relaxation, Alleviation of stress, Releases toxins, Relieves pain, Improves circulation and Calms the psyche.	
La Stone Therapy (1 hr 30 mins) Using Basalt volcanic hot and cold stones, originating from Native American Indians, this treatment balances the body and mind for total relaxation	£130.00
Hot Stone Full Body Massage (1 hr)	£90.00
Hot Stone Back Massage (30 mins)	£65.00
Massage	
Swedish Full Body Massage (60 mins)	£75.00
Swedish Back, Neck and Shoulder Massage (30 mins)	£40.00
Stress Buster Massage (30 mins) Chest, shoulder, face and scalp massage	£40.00

Indian Head Massage (30 mins)	£50.00
Hopi Ear Candles (30 mins) Relaxing treatment, also great for relieving headache, sinus and earache problems	£50.00

Jessica nail care	
File and Polish (30 mins)	£30.00
Jessica Manicure (45 mins) Includes cuticle work, a hand massage, file and polish of your choice	£50.00
Deluxe Jessica Manicure (1hr 30 mins) Includes cuticle work, hand massage and heated mitts followed by a file and polish. This treatment also allows you to keep the bottle of polish you choose for your treatment.	£65.00
Jessica Pedicure (1 hr) Includes exfoliation, cuticle work, a foot massage, file and polish of your choice	£55.00
Deluxe Jessica Pedicure (1 hr 30 mins) Includes cuticle work, foot massage and heated mitts followed by a file and polish. This treatment also allows you to keep the bottle of polish you choose for your treatment.	£65.00
French Polish Finish (15 mins)	£10.00
Men's Grooming for Hands or Feet (45 mins)	£50.00

Waxing	
Full Leg (45 mins)	£45.00
Half Leg (30 mins)	£30.00
Bikini or Underarm (15 mins)	£20.00
Full Leg, Bikini and Underarm (1 hr)	£65.00
Eyebrow (15 mins)	£20.00
Lip and Chin (15 mins)	£20.00
Back or Chest (30 mins)	£40.00
All waxing procedures use Australian Bodycare tea tree products	
Finishing touches	
Eyeshadow Tint* (30 mins)	£30.00
Eyebrow Tint* (15 mins)	£20.00
Lash and Brow Tint* (30 mins)	£40.00
Make-up Application** (45 mins)	£50.00
Make-up Lesson** (60 mins)	£60.00
Bridal Make-up** (60 mins) Includes trial and make-up on the day	£120.00
* A patch test is required 24 hours before tinting	
** Using ID Bare Escentuals Mineral Make-Up	
St. Tropez tanning	
Full Body (1 hr)	£70.00
Half Body (40 mins)	£45.00